## **Our Coaches**

"I love this camp! I really liked the one on one feedback from the coaches. Every coach worked with each one of us while trying to learn new skating techniques. Whenever I was doing something wrong, they could explain it in a different way that clicked for me."

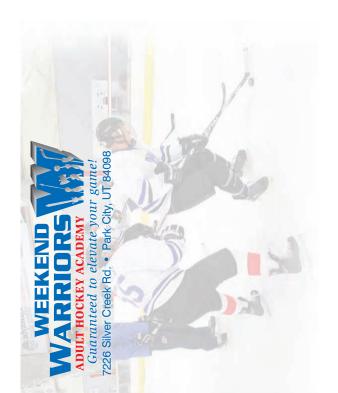
- John I.

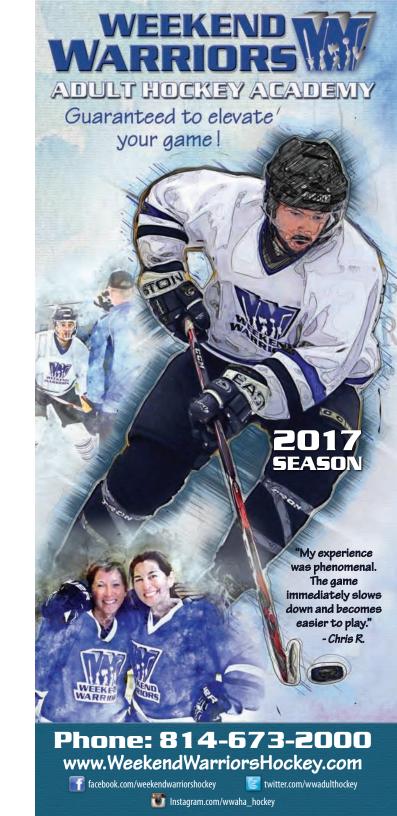


One of the best things about a Weekend Warriors camp is the outstanding coaching staff. First and foremost, they are highly qualified. Most of them coach teams at the collegiate or professional level. However, just as important as their knowledge and skill is the fun and passion they bring to the camp. Our players are constantly amazed that such high level coaches are so approachable, friendly and interested in helping recreational level players like them. The coaches' intense love for the game coupled with their fondness for working with eager adults help create an atmosphere that is above and beyond any you have ever experienced. Not only will you improve your hockey skill and knowledge, but you will have an experience filled with fun and camaraderie. You will, after all, become a part of the Weekend Warriors family!

"The coaching staff was not only excited about teaching the sport, they were excited to try to get to know us . They took time to explain things when you didn't understand and went beyond the surface of topics when people wanted more."

- Nick W.





### OUR PHILOSOPHY



## Rick Parisi

Chief Executive Warrior

I am NOT a hockey coach. I'm an adult recreational player JUST LIKE YOU! And my story is probably similar to yours. I played street hockey as a kid, but I was 30 years old before I strapped on the skates and tried to play organized ice hockey. It was very humbling, and yet so intoxicating. I

knew I was hooked for life.

So what made me start this business? Well, first of all, I totally understand what you, the adult recreational player, want. We want the chance to improve our skating, our hockey skills, our positioning and our understanding of the game in a fun and relaxed atmosphere. But just as importantly, we want to do it with our peers, not with a bunch of hot-shot kids. So instead of grueling off-ice conditioning sessions, when we get off the ice, we will exercise your brain by teaching you about strategy and positioning. And our evenings are reserved for social engagement, a time to have a beer and talk hockey with your coaches and fellow players.

Secondly, I did not want to create a fantasy camp - not in the traditional sense. It's not about meeting famous NHL players. For **Weekend Warriors**, our fantasy is that we get to play this wonderful game as adults, even though we earn our living in a completely unrelated "arena". For us, that fantasy is a reality.

Lastly, I have surrounded myself with some of the best coaches you will find anywhere. These guys not only understand hockey, but they have a passion for the game. Their passion is contagious, which adds to the fun and camaraderie you will experience. Our coaching is continually cited in our post-camp evaluations as the best part of our camp experience.

I am frequently asked if I go to the camps. The answer is absolutely "Yes". My primary responsibility is to be there to make sure that your experience is the best it can be. But it is also my reward. Organizing hockey camps is difficult and time consuming. But meeting the players, hearing your stories, feeling your passion and love for the gamethat is incredibly rewarding for me. And that is why I will continue to strive to make Weekend Warriors Adult Hockey Academy the very best hockey camp experience for all of us. You will improve your game, and have a great time doing so.

I guarantee it!





"I learned more in the last 4 days than I have in all of my "learn to play" sessions."
- Shad R.

"I can't say enough how blown away I was with the whole experience. I can't wait to practice everything I've learned and come back to camp for more."

- Steven P.

"Before the camp I couldn't skate backwards and had problems stopping. One of the coaches took me on the side and worked with me. My skating improved dramatically. I feel more comfortable skating backwards. I'm able to stop. It was unreal. One the best hockey experiences I've ever had. I already signed up for next year's camp."

- John C.

"The combination of 12 hours of ice time, superior coaching, skill progressions, video analysis, and social events was outstanding. Everyone made me feel welcome and I learned more than I have at any other camp. The coaching staff was knowledgeable and professional."

- Lynda R.



### You Will

- Improve your skating and hockey skills
  - Advance your understanding of the game
  - Have a great time and meet other players!



# **Weekend Warriors Scholarship Program**

Each year Weekend Warriors offers a scholarship to 3 deserving players. The value of the awards will be equivalent to one half the value of the camp they apply to attend. We want to provide additional opportunities for impassioned adults who might not otherwise be able to attend. Applicants for these awards should have a financial need, a strong desire to improve, and have a great passion for the game. Full details are available on our website.

## **Giving the Gift of Hockey**

Weekend Warriors camps make a great (Birthday, Christmas, Father's Day or Mother's Day) gift to that special hockey player in your life. If you're not sure which date or location works best, we even allow you to choose/change your camp date after the surprise is out. If you're the hockey player in the family, start dropping hints today!

## **Money Back Guarantee**

If we fail to meet your camp expectations. we will refund your camp fee. Period.





We provide you with a dedicated goalie coach and goalie-specific curriculum. This ensures that you receive the special attention required to improve your game at the most important position on the ice!



was patient and accommodating in instruction, breaking down even basic skills like T-push, glove position, stance, butterfly slides, recovery saves - Ian H.



# 2017 CAMP INFORMATION - Check www.WeekendWarriorsHockey.com for details

## Camp Locations for 2017

Register for camps through our website, or by calling: 814-673-2000

Washington, DC - Mar. 30 - Apr. 2, 2017 Cost \$850

> Atlanta, GA or Nashville, TN April 6-9, 2017 Cost: \$750

**Pittsburgh, PA – April 20-23, 2017 Cost \$775** 

Shelton, CT - April 27-30, 2017 **Cost \$775** 

Lake Tahoe, CA - May 18-21, 2017 Cost: \$825

**Buffalo, NY – June 1-4, 2017** Cost: \$750

Boston, MA - June 8-11, 2017 Cost: \$775

Vail, CO - June 22-25, 2017 **Cost: \$795** 

Anaheim, CA - July 13-16, 2017 Cost: \$795

Ann Arbor, MI - July 27-30, 2017 Cost: \$750

Morristown, NJ - August 17-20, 2017 Cost: \$850

> One More Location TBD See Website for Final Details

### **New Camp Locations**

We are always on the lookout for the next great camp location. Want us to consider your location? Here are the best ways to go about it:

- 1) Organize a group of 20 or more players for a location of your choice, and you attend free. Call for details.
- 2) Have your local rink manager reach out to us. If the rink is motivated, then so are we.
- 3) Check out the Potential New Locations page on our website.

# **Critical Camp Questions**

#### What Will I Learn At Camp?

Our camp curriculum is an excellent blend of skills and strategy. Thus, we will not only help you develop and improve your skills, but we will also give you a much better understanding of the game. You'll understand where to be on the ice, and why. As we get older as players, we need to get smarter to keep up with younger, faster players. Our off ice Chalk Talks and video review sessions are primarily focused on this mental aspect of the game. But don't worry, it's not all mental. With 12 hours on the ice, you will have plenty of time to improve your skating, shooting, passing, stick handling and many other skills.

### Am I Too Novice for Camp? Too Good for Camp?

No player should miss camp because he feels too weak or too good. For the true novice, there is plenty of support and encouragement, as well as the knowledge that it is always better to learn a skill correctly from the start, rather than correct a bad habit. And for the superstar, show me your NHL contract, and remember that even NHL guys still get coached on skating and other skills. Our coaches work with high level collegiate and professional players every day. If you come with the right attitude, they can make you a better player.

### **How Do You Handle Players of Varied Skill Levels?**

At nearly every camp we have really good players, rank beginners, and most every level between the two. So how do we ensure that all players get the most of the learning experience? This is one of our biggest challenges, and one which we have addressed and made significant improvements. There are many drills that we do in stations. For these, we break up into several groups based on ability. Then there are the wave drills. For these, coaches provide individual feedback, modifying the skill being taught to challenge the more experienced players, and simplifying it for the novice players. Lastly, there are some drills where we ask players to pair up by ability, so as to avoid mismatches and maximize the learning experience.

### What if I Have Already Been to a Camp? Is it Worth Coming Again?

At Weekend Warriors, we are continually evolving and improving our camp experience. Just last season we added specialty drills for both forwards and defenseman. Further, each camp is different, as new drills replace some of the old, and the coaches' vast experience enables them to masterfully tweak the curriculum for the needs of the players in attendance. So whether this is your first, second or tenth camp, we will help you elevate your game in so many ways!

> Scan with your Smartphone for the most up-to-date list of camps and full details:



twitter.com/wwadulthockev



facebook.com/weekendwarriorshockev



### **Note on Hotels**

Weekend Warriors has negotiated special rates in advance for you. Be sure to book your room before the release date, which is typically 30 days prior to the camp. This date and other location-specific details are published on our website. All hotel rates are quoted per room, either single or double occupancy. Therefore, you may split the cost of a room with another player without incurring additional charges.

#### **Social Activities**

The social aspect can be one of the most memorable parts of attending a Weekend Warriors camp. At every camp, we schedule at least two group social activities:

- The evening after our first skate, join us for a "Break the Ice" Party. This low-key gathering provides an ideal opportunity to meet your coaches, staff and fellow players.
- ★ On Saturday evening we hold our Camp Banquet, at which we celebrate the fun and accomplishments of the weekend. You will enjoy a good meal and some beverages with your new hockey friends.

If you are traveling with a friend or spouse who is not participating in the camp, he or she is welcome to join us at these social events for a nominal additional cost.

# **Typical Camp Schedule**

### THURSDAY

4:00 - 5:30 PM - Orientation

6:00 - 8:00 PM - Ice Session #1

8:30 PM - "Break the Ice" Party

#### FRIDAY

9:00 - 11:00 AM - Ice Session #2

12:30 - 2:00 PM - Individual Video Analysis 2:00 - 3:00 PM - Chalk Talk

3:30 - 5:30 PM - Ice Session #3

#### SATURDAY

9:30 - 11:30 AM - Ice Session #4

1:00 - 2:00 PM - Chalk Talk

2:00 - 3:00 PM - Video Analysis of Scrimmage

3:30 - 5:30 PM - Ice Session #5

7:30 PM - Camp Banquet

### **SUNDAY**

9:30 - 11:30 AM - Ice Session #6

Times are adjusted accordingly when necessary to accommodate 2 groups. Schedules for specific camp locations available on our website.

info@weekendwarriorshockey.com Phone: 814-673-2000