

## Our Coaches

“The camp has a great coach-to-player ratio, and the coaches go out of their way to provide everyone with individual attention.” - Stephanie A.



One of the best things about a **Weekend Warriors** camp is the outstanding coaching staff. First and foremost, they are highly qualified. Most of them coach teams at the collegiate or professional level. However, just as important as their knowledge and skill is the fun and passion they bring to the camp. Our players are constantly amazed that such high level coaches are so approachable, friendly and interested in helping recreational level players like them. The coaches' intense love for the game coupled with their fondness for working with eager adults help create an atmosphere that is above and beyond any you have ever experienced. Not only will you improve your hockey skill and knowledge, but you will have an experience filled with fun and camaraderie. You will, after all, become a part of the **Weekend Warriors** family!

“The coaches were very organized, and very good at explaining the “how to” part of the drills. They were very good at identifying the small things that needed to be corrected in order to do a skill properly.” - Russell R.

**WEEKEND WARRIORS**  
**ADULT HOCKEY ACADEMY**  
Guaranteed to elevate your game!  
7226 Silver Creek Rd. • Park City, UT 84098



# WEEKEND WARRIORS

## ADULT HOCKEY ACADEMY

Guaranteed to elevate your game!



OUR 18TH SEASON!

“Plenty of solid work on hockey techniques that will improve anybody’s game from beginner to advanced.” - Kevin L.



Phone: 814-673-2000  
[www.WeekendWarriorsHockey.com](http://www.WeekendWarriorsHockey.com)

facebook.com/weekendwarriorshockey

twitter.com/wwadulthockey

Instagram.com/wwaha\_hockey

# OUR PHILOSOPHY



**Rick Parisi**  
*Chief Executive Warrior*

I am NOT a hockey coach. I'm an adult recreational player JUST LIKE YOU! And my story is probably similar to yours. I played street hockey as a kid, but I was 30 years old before I strapped on the skates and tried to play organized ice hockey. It was very humbling, and yet so intoxicating. I knew I was hooked for life.

So what made me start this business? Well, first of all, I totally understand what you, the adult recreational player, want. We want the chance to improve our skating, our hockey skills, our positioning and our understanding of the game in a fun and relaxed atmosphere. But just as importantly, we want to do it with our peers, not with a bunch of hot-shot kids. So instead of grueling off-ice conditioning sessions, when we get off the ice, we will exercise your brain by teaching you about strategy and positioning. And our evenings are reserved for social engagement, a time to have a beer and talk hockey with your coaches and fellow players.

Secondly, I did not want to create a fantasy camp - not in the traditional sense. It's not about meeting famous NHL players. For **Weekend Warriors**, our fantasy is that we get to play this wonderful game as adults, even though we earn our living in a completely unrelated "arena". For us, that fantasy is a reality.

Lastly, I have surrounded myself with some of the best coaches you will find anywhere. These guys (and women) not only understand hockey, but they have a passion for the game. Their passion is contagious, which adds to the fun and camaraderie you will experience. Our coaching is continually cited in our post-camp evaluations as the best part of our camp experience.

I am frequently asked if I go to the camps. The answer is absolutely "Yes!". My primary responsibility is to be there to make sure that your experience is the best it can be. But it is also my reward. Organizing hockey camps is difficult and time consuming. But meeting the players, hearing your stories, feeling your passion and love for the game - that is incredibly rewarding for me. And that is why I will continue to strive to make **Weekend Warriors Adult Hockey Academy** the very best hockey camp experience for all of us. You will improve your game, and have a great time doing so.

*I guarantee it!*

*"Incredible coaching with a perfect balance of on-ice and off-ice instruction. Well organized and well worth the money."*  
- Zachary K.

*"A superbly organized, structured and professionally run camp. An outstanding experience. Worth every penny. The coaches are knowledgeable, passionate, patient, and keep you smiling even when you are completely exhausted."*  
- Jeff P.

*"This camp went way beyond all my expectations...The most valuable four days of my recreational hockey playing over about fifteen years."*  
- Laurie R.

*"I scored two goals in my beer league the night camp concluded. I screened the goalie as instructed and scored off a rebound."*  
- Nathan E.



# ATTENTION GOALIES!



"I improved in every way I could think. My skating has vastly improved. It felt like a private lesson as opposed to a cookie cutter approach. I cannot say enough good things about what I was taught and how I was instructed!" - Jon J.



We provide you with a dedicated goalie coach and goalie-specific curriculum. This ensures that you receive the special attention required to improve your game at the most important position on the ice!



**You Will**

- Improve your skating and hockey skills
- Advance your understanding of the game
- Have a great time and meet other players!



## Weekend Warriors Scholarship Program

Each year Weekend Warriors offers a scholarship to 3 deserving players. The value of the awards will be equivalent to one half the value of the camp they apply to attend. We want to provide additional opportunities for impassioned adults who might not otherwise be able to attend. Applicants for these awards should have a financial need, a strong desire to improve, and have a great passion for the game. Full details are available on our website.

## Giving the Gift of Hockey

Weekend Warriors camps make a great (Birthday, Christmas, Father's Day or Mother's Day) gift to that special hockey player in your life. If you're not sure which date or location works best, we even allow you to choose/change your camp date after the surprise is out. If you're the hockey player in the family, start dropping hints today!

## Money Back Guarantee

*If we fail to meet your camp expectations, we will refund your camp fee. Period.*



## 2020 Camp Locations

Register for camps through our website, or by calling : 814-673-2000

**Pittsburgh, PA – April 16-19 \$775**

**Shelton, CT – April 23-26 \$775**

**Atlanta, GA – April 30-May 3 \$750**

**Lake Tahoe, CA – May 14-17 \$850**

**Buffalo, NY – June 4-7 \$750**

**Boston, MA – June 11-14 \$775**

**Vail, CO – June 25-28 \$850**

**Ann Arbor, MI – July 16-19 \$750**

**Minneapolis, MN – July 23-26 \$750**

**Morristown, NJ – August 20-23 \$850**

**Washington, DC – August 27-30 \$850**

## More Potential Locations for 2020

We are currently investigating the great destinations below. Call or check our website for the latest information.

Anaheim, CA

Las Vegas, NV

Philadelphia, PA

St. Louis, MO

Seattle, WA

Tampa or Ft. Lauderdale, FL

Toronto, ON

## New Camp Locations

We are always on the lookout for the next great camp location. **Want us to consider your location?** Here are the best ways to go about it:

1) Organize a group of 20 or more players for a location of your choice, and you attend free.

OR

2) Don't have time to organize your own group? No problem. Talk to your rink manager, and have him or her contact us. We'll do the rest.

## Critical Camp Questions

### What Will I Learn At Camp?

Our camp curriculum is an excellent blend of skills and strategy. Thus, we will not only help you develop and improve your skills, but we will also give you a much better understanding of the game. You'll understand where to be on the ice, and why. As we get older as players, we need to get smarter to keep up with younger, faster players. Our off ice Chalk Talks and video review sessions are primarily focused on this mental aspect of the game. But don't worry, it's not all mental. With 12 hours on the ice, you will have plenty of time to improve your skating, shooting, passing, stick handling and many other skills.

### Am I Too Novice for Camp? Too Good for Camp?

No player should miss camp because he feels too weak or too good. For the true novice, there is plenty of support and encouragement, as well as the knowledge that it is always better to learn a skill correctly from the start, rather than correct a bad habit. And for the superstar, show me your NHL contract, and remember that even NHL guys still get coached on skating and other skills. Our coaches work with high level collegiate and professional players every day. If you come with the right attitude, they can make you a better player.

### How Do You Handle Players of Varied Skill Levels?

At nearly every camp we have really good players, rank beginners, and most every level between the two. So how do we ensure that all players get the most of the learning experience? This is one of our biggest challenges, and one which we have addressed and made significant improvements. There are many drills that we do in stations. For these, we break up into several groups based on ability. Then there are the wave drills. For these, coaches provide individual feedback, modifying the skill being taught to challenge the more experienced players, and simplifying it for the novice players. Lastly, there are some drills where we ask players to pair up by ability, so as to avoid mismatches and maximize the learning experience.

### What if I Have Already Been to a Camp? Is it Worth Coming Again?

At Weekend Warriors, we are continually evolving and improving our camp experience. In the past few seasons we have added off-ice stick handling or yoga sessions to camp, both of which have been huge hits. Further, each camp is different, as new drills replace some of the old, and the coaches' vast experience enables them to masterfully tweak the curriculum for the needs of the players in attendance. So whether this is your first, second or tenth camp, we will help you elevate your game in so many ways!

### Can I Bring My Son or Daughter to Camp?

While this is an adult camp, there is nothing that requires a participant to be of legal adult age. However, we do have concern for the safety of smaller children. Thus, we wouldn't want a 10 year old on the ice with a big guy with questionable skating skills. But we have had players bring their teenage sons or daughters to camp for a great bonding experience. Thus, we like to handle these requests on a case by case basis. Give us a call and we'd be happy to discuss it with you.

Scan with your  
Smartphone for the most  
up-to-date list of camps  
and full details:



### Note on Hotels

**Weekend Warriors** has negotiated special rates in advance for you. Be sure to book your room before the release date, which is typically 30 days prior to the camp. This date and other location-specific details are published on our website. All hotel rates are quoted per room, either single or double occupancy. Therefore, you may split the cost of a room with another player without incurring additional charges.

### Social Activities

The social aspect can be one of the most memorable parts of attending a **Weekend Warriors** camp. At every camp, we schedule at least two group social activities:

★ The evening after our first skate, join us for a **"Break the Ice" Party**. This low-key gathering provides an ideal opportunity to meet your coaches, staff and fellow players.

★ On Saturday evening we hold our **Camp Banquet**, at which we celebrate the fun and accomplishments of the weekend. You will enjoy a good meal and some beverages with your new hockey friends.

If you are traveling with a friend or spouse who is not participating in the camp, he or she is welcome to join us at these social events for a nominal additional cost.

## Typical Camp Schedule

### THURSDAY

4:00 - 5:30 PM - Orientation

6:00 - 8:00 PM - Ice Session #1

8:30 PM - "Break the Ice" Party

### FRIDAY

9:00 - 11:00 AM - Ice Session #2

12:30 - 2:00 PM - Individual Video Analysis

2:00 - 3:00 PM - Chalk Talk

3:30 - 5:30 PM - Ice Session #3

### SATURDAY

9:30 - 11:30 AM - Ice Session #4

1:00 - 2:00 PM - Chalk Talk

2:00 - 3:00 PM - Video Analysis of Scrimmage

3:30 - 5:30 PM - Ice Session #5

7:30 PM - Camp Banquet

### SUNDAY

9:30 - 11:30 AM - Ice Session #6

Times are adjusted accordingly when necessary to accommodate 2 groups. Schedules for specific camp locations available on our website.

**info@weekendwarriorshockey.com**  
**Phone: 814-673-2000**